



wallowing in self-pity after failing, God's preferred response might go something like this. Well that didn't work, so what's next?

Each week, I dismiss you with the words go in peace to love and serve the Lord, sending you out like lambs among wolves. Loving God on its own is not enough. The question also is how are you or I going to serve the Lord this week, next week, every week? Who might you or I be a disciple to?

### Prayers

**L**oving and faithful God, help us to open our minds and hearts to your Word and to think afresh what it means to follow you.

In these challenging times, we claim for ourselves the words in the prayer from our Isaiah reading – strengthen the feeble hands, steady the knees that give way; say to those with fearful hearts, 'Be strong, do not fear; your God will come,....he will come to save you'. We continue to pray for our leaders and their advisers to have real wisdom in their decision-making in the coming days, weeks and months. We pray for your Church living out the gospel message of love, forgiveness, justice and hope. Pour your blessing upon all church leaders, especially Mark our Primus and John our Bishop. For the churches in the communities where we live and serve and for our church families of St Columba's and St Peter's. And bless our rector Christine as she returns from her well-deserved and long-overdue holiday.

We pray for all who are suffering in body, mind or spirit at this hugely challenging time and for those from our church families who have asked for our prayers, particularly Anthea McAlpin who has now been in hospital for almost two weeks: from St Columba's: Margaret Elder, Geoffrey Gerrard, Kath Stutt, Iain Swanney, Cllr Harry Cartmill, Rev Duncan and Marjorie Shaw, Doug and Pat Laurie, Young Harry, Paul Moffat, Katie McAlpin and Elma Webster. And from St Peter's: Rita Manion (David's mother), Annie Gibbs (Olivia Moss's future mother in law), Barry Greig (Terry's twin brother), Anna Pink, Joe Lavery, Ronnie Adams, Chris Belton and Bob Philip (Jude and Andy's parents) Dot Pringle, Brenda Cook, Harry and Connie Payne, Father John, Ruthie Cadell, David Szkudlarek, and Jan Robson. And for all their families.

We pray for all who have died in recent days and for all who mourn. And we remember those connected with our church families whose anniversary of death falls this week. From St Columba's Florence Plummer, Elizabeth McGowan and James Campbell. And from St Peter's: Wallace Marshall Deane.

### Blessing

**T**he peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God and of his son Jesus Christ our Lord. And the blessing of God Almighty, Father, Son and Holy Spirit be among you and remain with you always. Amen.

### Notices

**D**ear Friends, I do hope that you and your families are keeping well and keeping your spirits up in these very difficult times. Spare a thought for all those places of hospitality, who have been hit so hard again and hopefully they will be able to reopen before too long and we can give them a helping hand to recovery.

Rev Christine should have safely returned from her time with Claire Starr on the Black Isle by the time you read this, hopefully having refreshed herself after pouring herself out for us these past months. And tomorrow/today (Friday) she will be celebrating her mother Sheila's 90<sup>th</sup> birthday as fully as she can in these restricted times. Christine returns to work on Monday and in the meantime our two wardens – David Graham Service (07901947345) for St Columba's and Jane Ramsay (1506843176) for St Peter's – and I (07747023108) are available for anything urgent.

This Sunday we are celebrating the festival of Luke the Evangelist, which has a particular significance for us through our links – prompted by David Olwa – to St Luke's Church in Lira, Uganda. This Luke-tide marks the 10<sup>th</sup> anniversary of the dedication and consecration of St Luke's, where our churches were represented. We give thanks for the church, its congregation and its pastor and its connection to Lira's Regional Referral Hospital, which is heavily involved in dealing with COVID-19. And we also pray for the diocese of Lango and its Bishop, Rt Rev Alfred Olwa (no relation!)

In Advent I will be running a study based on Paula's Gooder's book Journey to the Manger. It will be on Zoom, making it easier for people to participate, and I will be try to make it more interactive. Please let me know by email ([pw@woodifield.com](mailto:pw@woodifield.com)), mobile (07747023108), WhatsApp, or in person if you would like to join. Friday afternoons seemed to suit most people, but I am open to alternative suggestions. In any event it will run for four weeks starting in the last full week of November.

Sunday morning service from St Peter's @ 9.30 being Zoomed live. Those who are joining us from home are asked to ensure that your speaker volume is turned up to maximum; and there is a separate attachment in the notices of a Eucharist prayer that you may like to say as you receive Communion spiritually. IMPORTANT – PLEASE NOTE. You now will need a passcode to join the Zoom service (this is due to Zoom's security upgrade). The meeting code is unchanged at 118 321 305. The passcode you need is 670383. Judy Goldfinch will send round the embedded link with the weekly list of Zoom codes.

Services for the coming week:

Sunday morning St Peter's short said Eucharist @9.30am – Zoomed live

St Columba's short said Eucharist @ 11.15am

Tuesday morning St Peter's will be open from 10 – 12 noon

Short said Eucharist 10.30 – 11am Private Prayer 11 – 12 noon

Wednesday morning St Columba's will be open from 10 – 12 noon

Short said Eucharist 10.30 – 11am Private Prayer 11 –

11.30 Prayer Room 11.30 – 12 noon

A **reminder** of St Columba's opening arrangements

The church will be maintaining a 2m separation between

people (unless they are buddies). You will be required to: ·  
Wear masks and take them home for disposal · Hand Sanitise

on arrival in the vestibule area · Give name and contact phone number on entry to the church. (The sides person will record it on the computer) · Follow the sides person's instruction as to where to sit. · At the end of the service remain seated until instructed to leave via the meeting room. · Sanitise hand on way out (sanitiser opposite toilet doors by fire alarm). The accessible toilet will be open but please follow the one-way system and follow the instructions for sanitising before and after use.

A **reminder** of St Peter's opening arrangements

The following simple rules should be followed which will give all who enter the church the confidence that everything is in place to ensure their safety and well-being. As we all know we are a small church and have space only for 10 to allow for the necessary 2-meter distancing. Tuesday morning and Sunday morning services are now well attended. If you would like to have a place at either of the services, please contact Jane Ramsay who will ensure that the places are fairly distributed each week. Tel 843176 or email her jane.ramsay48@gmail.com. PLEASE LET HER KNOW BY THURSDAY OF EACH WEEK. ·

A sides person will ensure that all hands are sanitized at the front door before entering the building. Please wait until invited into the church. · Masks must be worn and taken home for disposal. · Entering and leaving the building will be by the red doors only. · You will be led back out of church by our sides person, this will be done from back to front of the church. Please wait to be invited to leave. · Hands should be sanitized when leaving church.

Our church has been deep cleaned and undergone a "fogging" process. We will continue to "fog" on a quarterly basis as recommended by the cleaning firm who will be professionally cleaning the church on a monthly basis for the foreseeable future. Toilets and accessibility arrangements: Level access via the side door is available for those with mobility issues. A wheelchair accessible toilet is available if required and will be sanitised after use.

Working together as we have done in the past and will continue to do now as we slowly begin to re-enter a new way of coming to church, we will keep each other and those in our community safe and well until the day comes when we gather together once more in St Peter's as one large and very happy church family.

**NB** If you have any symptoms (temperature, cough, loss of taste or smell) you should not attend church and you should book a test

And a **reminder** for St Peter's, that in order to avoid unexpected contacts, for the foreseeable future Jane Ramsay will be keeping a record of requests to enter the church. Please check with her beforehand to ensure that our little church will be empty and virus free before going in. Jane's number is 843176

**Pastoral visits** – sadly, the new guidelines mean that pastoral visits to people's homes, including for home communion, are not possible at this time, except in extreme circumstances. Hopefully this restriction won't be for too long. And please remember that I hold you all in my prayers.

Also, at this time we have been advised by the Bishop's Advisory Group that giving lifts to people, out-with your household, to church is not possible either at this time. This is slightly different to the government guidelines which say 'not advised'.

Please do look after yourselves and keep well and safe

*Rev Peter*

**Zoom Coffee and chat** once a fortnight on a Monday morning. Next one will be held on 26<sup>th</sup> October : 11.15 ID 5111791282 password 3i1TYq

**Choir with a Mission!** Vox Coelestis, conducted by the internationally-renowned Nigel Short, has launched a video to introduce themselves to future audiences as they re-plan their 'Cathedral Series' of performances around Scotland in support of MtSS. Click on the link to go to the MtSS website to see the video - and maybe donate! <http://www.mtss.scot/vox-coelestis-mtss-music-video/>

## SEC Morning, Evening and Night Prayer Liturgies

Morning, Evening and Night Prayer daily liturgies are available at:

[www.scotland.anglican.org/spirituality/prayer/daily-offices](http://www.scotland.anglican.org/spirituality/prayer/daily-offices)

Rev Christine and Rev Peter will be saying Morning Prayer @ 9am and Evening Prayer @ 6pm each day in their own homes and invite you to join in from yours. On Thursday mornings we will be sharing a virtual service via Zoom. If you would like to join in, the link every week will be <https://us02web.zoom.us/j/756114372?pwd=ZXpMWndaY210empVY1daL09paG1wZz09>

Any queries please contact Rev Peter [pw@woodfield.com](mailto:pw@woodfield.com)

For the coming week beginning Sunday 18<sup>th</sup> October we enter into the week of Pentecost 20.

\*If you have a paper version of the big blue Prayer Book, for

**Morning Prayer** we will be using the form: Week A on p. 29. Follow the psalm set for the day in Set 2. Follow the Benedictus antiphon set for the day.



**Evening Prayer** we will be using the form: Week A on p. 64

\*If you want to do it online by far the easiest way to do it is to click <https://www.scotland.anglican.org/spirituality/prayer/daily-offices/> which is updated three times a day for Morning Prayer, Evening Prayer and Compline

\*If you just want to do the readings and collect for each day they are as follows. (The online version of Morning Prayer uses the first two readings and Evening Prayer the third, the Gospel.)

Sunday:	Joshua 14: 6 – 14;	1 Corinthians 10: 1 – 13;	Matthew 12: 1 – 21
Monday:	Ecclesiasticus (Sirach) 4: 20 – 5:7;	Revelation 7: 1 – 18;	Luke 9: 51 – 62
Tuesday:	Ecclesiasticus 6: 5 – 17;	Revelation 7: 9 – 17: 8;	Luke 10: 1 – 16
Wednesday:	Ecclesiasticus 7: 4 – 17;	Revelation 8: 1 – 13;	Luke 10: 17 – 24
Thursday:	Ecclesiasticus 10: 1 –18;	Revelation 9: 1 – 12;	Luke 10: 25 – 37
Friday:	Ecclesiasticus 11: 2 – 20;	Revelation 9: 13 – 21;	Luke 10: 38 – 42
Saturday:	Ecclesiasticus 15: 9 – 20;	Revelation 10: 1 – 11;	Luke 11: 1 – 13

*The Collect applies to both Morning and Evening Prayer each day – except for Monday, when we celebrate the Feast of St Luke the Evangelist.*

**A**lmighty and merciful God: in your goodness keep us from all that is harmful; that, being ready in both body and soul, we may freely accomplish your will; through Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end.

The Collect for Monday: Almighty God, who inspired your servant Luke the physician to set forth in the Gospel the love and healing power of your Son: graciously continue in your Church this love and power to heal, to the praise and glory of your Name; through Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end. Amen.

#### **Each day we pray for:**

- The world: people, governments and leaders of the countries and specific issues arising in the news. Issues relating to social justice, peace, suffering and creation. And of course at this time for the devastating global covid-19 crisis.
- Our wider church, the SEC, our diocese, individual churches.
- Our community – residents in our area. For those with no faith, we pray for their introduction to the Christian faith, and for those with faith, that their faith may develop further.
- Those known to us who are unwell or in need.
- Our own church communities.



#### **Clergy contact numbers:**

Rev Christine – 07964175914; 01334769303  
Rev Peter Woodfield – 07747023108

#### **Rector's Wardens contact numbers:**

David Graham Service – 07901947345  
Jane Ramsay - 07982252666